



October 4, 2022 || 10 Tishrei, 5783

Or Zarua

אור זרוע

Psalm 97:11

English words & music by Dan Nichols

Or zarua latzadik ulyishrei lev simchah

אור זרוע לצדיק ולישרי לב שמחה.

We must keep our hopes alive. / We must raise our voices high.
We must hold each other tight. / We must stand up in the night / and be a light.

We must spread our love around. / We must feel this spiritual sound.
We must work til peace has come. / We must love and live as one / and be a light.

Light is sown for the righteous and gladness for the upright in heart.

All The Vows

(Ze'ev Falk)

All the vows on our lips
the burdens in our hearts
the pent-up regrets about
which we brooded and spoke
through prayers without end
on last Atonement Day
did not change our way of life,
did not bring deliverance
in the year that has gone.
From mountain peaks of fervor
we fell to common ways
at the close of the fast.

Will You hear our regret?
Will You open our prison
release us from shackles of habit?
Will You accept our prayers
forgive our wrongs,
though we sin again and again?
In moments of weakness
we do not remember
promises of Atonement day.
Recall that we easily forget;
take only our heart's intent
Forgive us, pardon us.

Life is for Living

words & music by Guy Berryman, Jon Buckland,
Will Champion, and Chris Martin

Now I never meant to do you wrong / That's what I came here to say
Well, if I was wrong well then I'm sorry / But don't let it stand in our way
But my head just aches when I think of / The things that I shouldn't have done
But life is for living we all know / And I don't want to live it alone

*Tonight's Prayer Lab Ensemble:
Clark Drinkall, Sada Gilbert, Jeremiah Kaplan, Dan Kurek, Steve Ozer,
Eric Schaefer, Joel Swedlove, Ruth Wenger*

The Song of God's Presence

(Rabbi Ben Zion Bokser)

I've not seen the robin but I know he is there
because I heard him singing through my window from the
treetop outside.

I have not seen God. But I have looked at my child's eye
and have been overwhelmed by the miracle of unfolding life.
I have watched the trees bedeck themselves with new garbs of
green in the spring,
and have been stirred by the miracle of continual rebirth.
I have looked at the stars and have been overcome by the
miracle of the grandeur
and majesty of the universe.

I know that God exists, because I have heard the song of God's presence
from all the treetops of creation.

Start Close In

(David White)

Start close in,
don't take the second step
or the third,
start with the first
thing close in,
the step
you don't want to take.
Start with the ground
you know,
the pale ground
beneath your feet,

your own
way to begin
the conversation.
Start with your own
question,
give up on other
people's questions,
don't let them
smother something simple.
To hear another's voice,
follow your own voice,

wait until
that voice
becomes a private ear
listening to another.
Start right now take a small step
you can call your own
don't follow someone else's heroics,
be humble and focused,
start close in,
don't mistake that other for your own.

i am running into a new year

(Lucille Clifton)

i am running into a new year
and the old years blow back
like a wind
that i catch in my hair
like strong fingers like
all my old promises and
it will be hard to let go
of what i said to myself
about myself
when i was sixteen and
twenty-six and thirty-six
even forty-six but
i am running into a new year
and i beg what i love and
i leave to forgive me

Stand By Me

words & music by Jerry Leiber,
Mike Stoller, and Ben E. King

When the night has come and the land is dark
And the moon is the only light we'll see
No, I won't be afraid / Oh, I won't be afraid
Just as long as you stand, stand by me

So darlin', darlin' stand by me, oh, stand by me
Oh, stand, stand by me, stand by me, stand by me

If the sky that we look upon should tumble and fall
Or the mountain should crumble to the sea
I won't cry, I won't cry / No, I won't shed a tear
Just as long as you stand, stand by me

Adon Has'lichot

Piyyut for Yom Kippur

Adon has'lichot / bochein l'avot

goleh amukot / doveir tz'dakot

chatanu l'fanecha racheim aleinu

Hadur b'nifla'ot / vatic b'nechamot

zocheir b'rit avot / chokeir k'layot

chatanu l'fanecha racheim aleinu

tov umeitiv labriyot / yodei'a kol nistarot

koveish avonot / loveish tz'dakot

chatanu l'fanecha racheim aleinu

Great One of forgiveness / examiner of hearts, Revealer of depths / Speaker of truths

We have sinned before You, be compassionate with us

Glorious in wonders / Experienced Comforter, Rememberer of the covenant / Knower of inner thoughts

We have sinned before You, be compassionate with us

Beneficent One to humanity / Knower of all hidden things, Overcomer of sins / clothed in righteousness

We have sinned before You, be compassionate with us

אדון הסליחות

Yerushalmi melody

אָדוֹן הַסְּלִיחוֹת / בּוֹחֵן לְבָבוֹת

גּוֹלֵה אִמּוֹת / דּוֹבֵר צְדָקוֹת

חַטָּאנוּ לְפָנֶיךָ רַחֵם עָלֵינוּ

הַדּוֹר בְּנִפְלְאוֹת / וְתִיק בְּנִחְמוֹת

זוֹכֵר בְּרִית אָבוֹת / חוֹקֵר כְּלִיּוֹת

חַטָּאנוּ לְפָנֶיךָ רַחֵם עָלֵינוּ

טוֹב וּמְטִיב לְבָרִיּוֹת / יוֹדֵעַ כָּל נִסְתָּרוֹת

כוֹבֵשׁ עֲוֹנוֹת / לוֹבֵשׁ צְדָקוֹת

חַטָּאנוּ לְפָנֶיךָ רַחֵם עָלֵינוּ

Wild Geese

(Mary Oliver)

You do not have to be good.
You do not have to walk on your knees
For a hundred miles through the desert repenting.
You only have to let the soft animal of your body
Love what it loves.
Tell me about despair, yours, and I will tell you mine.
Meanwhile the world goes on.
Meanwhile the sun and the clear pebbles of the rain
Are moving across the landscapes
Over the prairies and the deep trees,
The mountains and the rivers.
Meanwhile the wild geese, high in the clean blue air,
Are heading home again.
Whoever you are, no matter how lonely,
The world offers itself to your imagination,
Calls to you like the wild geese, harsh and exciting
Over and over announcing your place In the family of things.

Kanfei Ruach

Text from Orot Hakodesh 1:4:4
by Rav Abraham Isaac Kook

Ben adam, aleh l'malah aleh

aleh l'malah aleh ben adam

aleh l'malah aleh

Ki ko'ach az l'cha

yeish l'cha kanfei ruach (2x)

kanfei n'sharim abirim

al t'chacheish bam, pen y'chachashu l'cha

d'rosh otam d'rosh ben adam

v'yimatzu l'cha miyad

Rise up, rise up, for you have the strength to do so. You have wings of the spirit, wings of powerful eagles.
Do not deny them or they they will deny you. Seek them, and you will find them in a flash.

כנפי רוח

Music by Avigail Uziel Amar

בֶּן אָדָם, עֵלָה לְמַעְלָה עֵלָה

עֵלָה לְמַעְלָה עֵלָה בֶּן אָדָם

עֵלָה לְמַעְלָה עֵלָה

כִּי כֹחַ עַז לְךָ

יֵשׁ לְךָ כַּנְפֵי רוּחַ (2x)

כַּנְפֵי נְשָׂרִים אַבִּירִים

אַל תִּכְחַשׁ בָּם פֶּן יִכְחָשׁוּ לְךָ

דְּרוֹשׁ אוֹתָם דְּרוֹשׁ בֶּן אָדָם

וַיִּמָּצְאוּ לְךָ מִיָּד