



October 5, 2022 || 10 Tishrei 5783

We Return

השיבנו

Hebrew from Lamentations 5:21

English text & music by Elana Arian & Noah Aronson

We return (echo), we return (echo), we return, return again.

We return (echo), we return (echo), we return, return again and again,

to love, love, love, we return again to love. (Truth, You)

Hashiveinu Adonai eilecha v'nashuvah

הַשִּׁיבֵנוּ יְיָ אֱלֹהֵינוּ וְנָשׁוּבָה

chadeish yameinu k'kedem

חַדֵּשׁ יָמֵינוּ כְּקֶדֶם

Help us to return to You and we shall return, renew our days as when we were young.

Kanfei Ruach

כנפי רוח

Text from Orot Hakodesh 1:4:4
by Rav Abraham Isaac Kook

Music by Avigail Uziel Amar

Ben adam, aleh l'malah aleh

בֶּן אָדָם, עֲלֵה לְמַעְלָה עֲלֵה

aleh l'malah aleh ben adam

עֲלֵה לְמַעְלָה עֲלֵה בֶּן אָדָם

aleh l'malah aleh

עֲלֵה לְמַעְלָה עֲלֵה

Ki ko'ach az l'cha

כִּי כֹחַ עַז לְךָ

yeish l'cha kanfei ruach (2x)

יֵשׁ לְךָ כַּנְפֵי רוּחַ (2x)

kanfei n'sharim abirim

כַּנְפֵי נְשָׂרִים אֲבִירִים

al t'chacheish bam, pen y'chachashu l'cha

אַל תִּכְחַשׁ בָּם פֶּן יִכְחָשׁוּ לְךָ

d'rosh otam d'rosh ben adam

דְּרוֹשׁ אוֹתָם דְּרוֹשׁ בֶּן אָדָם

v'yimatzu l'cha miyad

וַיִּמָּצְאוּ לְךָ מִיָּד

Rise up, rise up, for you have the strength to do so. You have wings of the spirit, wings of powerful eagles.
Do not deny them or they they will deny you. Seek them, and you will find them in a flash.